# UpToDate 医師向け 利用方法マニュアル

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※利用方法に関してご不明な点がございましたら 図書室もしくは下記担当者までお知らせください

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◆患者診療の現場で先生方が抱く疑問に対し、素早くかつ正確に回答を 提供できるよう開発されたインターネットを媒体とした臨床情報サービスです
◆世界で最も広く利用されている臨床意志決定サポートシステムです
◆世界158カ国、70万人以上の先生方にご利用いただいています (利用施設数は世界で25000以上です)
◆日本においても既に650以上の施設に導入いただいています





- ◆ 各分野のエキスパートの医師(5100名以上)が執筆を担当しています
- ◆450以上の医学専門誌や診療ガイドライン、臨床データベース、臨床試験を 精査してコンテンツを作成⇒<u>エビデンスベース</u>の医学情報
- ◆診断・治療・予防・予後などトピック毎に整理し、推奨すべき方法を提示しています(21分野・10,000以上のトピック)
- ◆最新の医療を常に反映するため、日々更新しています
  - 1992年に初めて発行されてから2012年末までで計102回更新
  - →2013年1月~8月だけで既に103回更新
- ◆100%先生方からいただいている購読料で成り立っており、製薬企業などの スポンサーシップを一切受けていません
  - ⇒バイアスがかからない公平性の高い情報を提供しています





#### ご自分の言語での検索

- 日本語でUpToDateを検索してナビゲートすることができます。トピックを クリックすると、英語で表示されます。
- 新機能!日本語で検索語の最初を入力すると、候補が表示されます。
- 言語の設定を変更するには、"Languages"(右上側)または "Search in another Language"(検索ボックスの上)をクリックしてください。

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### UpToDate<sup>®</sup>

検索 全てのトピック 💌

Contents: Patient Information

分野別に簡易版・詳細版の患者向け情報ページを掲載

▶ Languages | 当社について | 連絡先 | ヘルプ

▶ ログアウト

Print

#### 新規検索 患者向け情報 最新情報 計算ツール CME 24.5 マイアカウント

#### Contents >> Patient Information

#### Specialties

#### Patient Information

- The Basics
- Beyond the Basics

#### What's New

Calculators

Authors and Editors

## 患者様へ提供する 情報を疾患ごとに 表示しています

各疾患の原因、症 状、治療、予防や、 患者団体の連絡先 (米国のみ) など の情報を表示して います

UpToDate offers different levels of patient education materials to meet the varying information needs of your patients.

#### The Basics

"The Basics" are short (1 to 3 page) articles written in plain language. They answer the 4 or 5 most important questions a person might have about a medical problem. These articles are best for people who want a general overview

View all The Basics

### 小学校高学年レベルの英語

**Beyond the Basics** 

"Beyond the Basics" articles are 5 to 10 pages long and more detailed than "The Basics". These articles are best for readers who want a lot of detailed information and who are comfortable with some technical medical terms

View all Beyond the Basics

## 高校生レベルの英語



information: verify here.

#### HUUS CERTIFIED 03/2011

To view a list of all available topics, click on the appropriate health category below.

Allergies and asthma Arthritis Autoimmune disease Blood disorders Bones, joints, and muscles Brain and nerves Cancer Children's health Diabetes Diet and weight

Digestive system Ear, nose, and throat Eyes and vision General health Heart and blood vessel disease HIV and AIDS Hormones Infections and vaccines Kidneys and urinary system Liver disease

Lung disease Men's health issues Mental health Pregnancy and childbirth Senior health Skin, hair, and nails Sleep Surgery Travel health Women's health issues

## **UpToDate**<sup>®</sup>

全てのトピック ▼ \_ <u>検索</u>

#### ▶ログアウト

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#### Contents » What's New

新規検索 患者向け情報 最新情報 計算ツール CME 24.5 マイアカウント

Specialties

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Authors and Editors

## 分野別に最新情報の掲載状況が更新月とともに確認可能

### **Contents: What's New**

Our editors select a small number of the most important updates and share them with you via What's new. See these updates by clicking on the specialty you are interested in below. You may also type "What's new" into the search screen after you have logged in to UpToDate.

- Practice Changing UpDates
- What's new in adult and pediatric emergency medicine
- What's new in allergy and immunology
- What's new in cardiovascular medicine
- What's new in dermatology
- What's new in drug therapy
- · What's new in endocrinology and diabetes mellitus
- What's new in family medicine
- What's new in gastroenterology and hepatology
- What's new in general surgery
- What's new in geriatrics
- What's new in hematology
- What's new in hospital medicine
- What's new in infectious diseases
- What's new in nephrology and hypertension
- What's new in neurology
- What's new in obstetrics and gynecology
- What's new in oncology
- What's new in pediatrics
- What's new in primary care internal medicine

編集スタッフが注目する 新しいトピックを 専門領域ごとに表示

#### 新規検索 患者向け情報 最新情報 計算ツール CME 97.0 マイアカウント

0

Authors

gist

#### Practice Changing UpDates

#### 🕼 Find 🔒 Print 🖾 Email

#### TOPIC OUTLINE

#### INTRODUCTION

RHEUMATOLOGY: PRIMARY CARE: FAMILY MEDICINE: CARDIOLOGY (AUGUST 2013)

Cardiovascular risk of NSAIDs

INFECTIOUS DISEASES (AUGUST 2013)

 Treatment of AIDS-related CMV retinitis

GASTROENTEROLOGY. PRIMARY CARE, INFECTIOUS DISEASES (JULY 2013)

 Screening for hepatitis C virus (HCV) INFECTIOUS DISEASES, PRIMARY CARE, FAMILY MEDICINE (JULY 2013)

 Pre-exposure prophylaxis against HIV infection for injecting drug users

GYNECOLOGY, PRIMARY CARE. FAMILY MEDICINE (MAY 2013. MODIFIED JUNE 2013)

 HPV triage for women ages 30 and older with LSIL on cervical cytology

GYNECOLOGY, PRIMARY CARE, FAMILY MEDICINE (MAY 2013. MODIFIED JUNE 2013)

 Management of abnormal cervical cytology in women aged 21 to 24 vears

ONCOLOGY, GYNECOLOGY, GENERAL SURGERY (JANUARY 2013, MODIFIED JUNE 2013)

 Duration of adjuvant tamoxifen for breast cancer

CARDIOVASCULAR MEDICINE (JUNE 2013)

 Rivaroxaban as addition to aspirin and clopidogrel for an acute coronary



All topics are updated as new evidence becomes available and our peer review process is complete. Literature review current through: Aug 2013. | This topic last updated: Sep 17, 2013.

INTRODUCTION — This section highlights selected specific new recommendations and/or updates that we anticipate may change usual clinical practice. Practice Changing UpDates focus on changes that may have significant and broad impact on practice, and therefore do not represent all updates that affect practice. These Practice Changing UpDates, reflecting important changes to UpToDate over the past year, are presented chronologically, and are discussed in greater detail in the identified topic reviews.

#### RHEUMATOLOGY; PRIMARY CARE; FAMILY MEDICINE; CARDIOLOGY (AUGUST 2013)

#### Cardiovascular risk of NSAIDs

In patients who require high doses of a nonselective NSAID for long-term use and who have known cardiovascular disease or are at high risk for cardiovascular events, we recommend treatment with naproxen rather than ibuprofen or diclofenac (Grade 1B). We also prefer naproxen to other nonselective NSAIDs, although there are few data evaluating nonselective NSAIDs other than ibuprofen and diclofenac in patients at high cardiovascular risk.

Most nonsteroidal antiinflammatory drugs (NSAIDs) increase the risks of major cardiovascular events. The magnitude of risk is best illustrated by a metaanalysis of data from over 300,000 participants in over 700 trials that compared nonselective NSAIDs (used at the upper end of their dose range) or coxibs with either placebo or another nonselective NSAID or coxib [1]. Compared with placebo, use of high-dose diclofenac or a coxib increased major cardiovascular events (nonfatal MI, nonfatal stroke, or vascular death) by about 40 percent. High-dose ibuprofen increased the risk of major coronary events but not major vascular events. High-dose naproxen did not increase major cardiovascular events, major coronary events, or vascular death. The estimated excess absolute risk of a major vascular event or death with use of diclofenac, coxib, and possibly ibuprofen was two events per 1000 persons per year in patients at low baseline cardiovascular risk and seven to eight events per 1000 persons per year, including two fatal events, in patients at high baseline cardiovascular risk. Naproxen is therefore the preferred nonselective NSAID when long-term use is needed in patients at increased risk for cardiovascular disease. (See "Nonselective NSAIDs: Adverse cardiovascular effects", section on 'Risk of MI, stroke, and death'.)

#### **INFECTIOUS DISEASES (AUGUST 2013)**

#### Treatment of AIDS-related CMV retinitis

 For initial therapy of patients with AIDS-related cytomegalovirus retinitis and immediately sight-threatening lesions, we recommend intravitreal injection of ganciclovir or foscarnet plus systemic therapy for cytomegalovirus rather than systemic therapy alone (Grade 1B). If oral valganciclovir is initiated within 24 hours of the initial intravitraal injection, subsequent injections are probably not necessary





UpToDate"	全てのトビック ▼ 検索 ▶ Languages   当社について	連絡先   ヘルフ
新規検索 患者向け情報 最新情報	R 計算ツール CME 26.0 マイアカウント	▶ ログアウł
Contents > Calculators > Hospita	al medicine calculators	e Print
Specialties Patient Information	Contents: Hospital medicine calculators	
What's New	Clinical criteria	
Authors and Editors	Calculator: APACHE II scoring system	
Autions and Editors	Calculator: CIWA-Ar Clinical Institute Withdrawal Assessment for Alcohol scale	
	Calculator: Clinical diagnosis of endocarditis*	
	Calculator: Clinical indicators for malignant hyperthermia	
	Calculator: Community-acquired pneumonia severity index (PSI) for adults	
	Calculator: DVT probability: Wells score system	
	Calculator: Pressure ulcer risk stratification (Braden score)	
	Calculator: Pulmonary embolism Wells score	
	Calculator: Thrombolysis in Myocardial Infarction (TIMI) score for ST elevation acute myocardial infarction	
	Calculator: Thrombolysis in Myocardial Infarction (TIMI) score for unstable angina or non ST elevation myocardial infarction	
	Calculator: Venous clinical severity score	
	Medical equations	
	Calculator: A-a gradient (alveolar-arterial gradient; AaG)	
	Calculator: Absolute neutrophil count	
	Calculator: Adult burn injury fluid resuscitation (Parkland crystalloid estimate)	
	Calculator: Body Surface Area (Mosteller, square root method)	
	Calculator. Body mass index (BMI; Quetelet's index)	
	Calculator: Calcium correction in hypoalbuminemia	
	Calculator: Calcium correction in hypoalbuminemia (SI units)	
	Calculator: Cardiac Output	
	Calculator: Corticosteroid Medication Dosing Conversions (glucocorticoid effect)	
	Calculator: Creatinine clearance (measured)	
	Calculator: Creatinine clearance estimate by Cockcrott-Gault equation	
	Calculator: Creatinine clearance estimate by Cockcroft-Gault equation (SI units)	
	Calculator: Fractional excretion of sodium	
	<ul> <li>Colculator Eractional exception of codium (SLunite)</li> </ul>	

「新規検索」から検索するとこのような検索結果が出てきます

UpToDate®	BMI < 全てのトビック <
新規検索 患者向け情	報 最新情報 計算ツール CME 99.5 マイアカウント
"BMI (bmi)"の検索結果	
<ul> <li>全てのトピック</li> <li>成人</li> <li>小児</li> <li>キリイレレ</li> </ul>	<ul> <li>計算ツール:成人の体格指数(BMI)(患者情報)</li> <li>成人の肥満のスクリーニングおよび臨床評価</li> <li>計算ツール:体格指数(BMI、Quetelet指数)</li> </ul>
<ul> <li>○ 患者向け</li> <li>○ 画像 </li> </ul>	<ul> <li>小児の成長測定</li> <li>肥満手術患者のケアのための病院設備および職員配置</li> <li>成人心疾患の小児期の予防:健康な生活様式の向上およびリスクのある小児の識別</li> </ul>
	<ul> <li>小児の身体組成測定</li> <li>癌生存における食事、身体活動、および体重の役割</li> <li>成人における神経性無食欲症:認知行動療法(CBT)</li> </ul>
	<ul> <li>重度の肥満のマネージメントのための肥満手術:説明</li> <li>緩和ケア:悪液質と食欲不振の評価および管理</li> </ul>
	<ul> <li>自家造血幹細胞移植の適格性判定</li> <li>小児の脂質異常症ののマネージメント</li> <li>経皮内視鏡的胃瘻造設術(PEG):造設および定期的なケア</li> </ul>





The default unit of measure for weight is pounds. Please verify that the correct unit of measure has been selected.

References

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新規検索 患者向け情報 最新情報 計算ツール CME 95.0 マイアカウント





※カンマ(、,)や演算子(and/orなど)は入れないでください※英語入力→複数の単語を入れる時はスペースをあけてください

## **UpToDate**°

Languages 当

#### 新規検索 患者向け情報 最新情報 計算ツール CME 95.0 マイアカウント

蜂巣炎

#### "蜂巣炎 (cellulitis)"の検索結果 訳語の正しさを評価してください。

#### ○ 全てのトビック

○ 成人

- 小児
- 患者向け

• 画像 🔄



Aeromonas cellulitis



Q

▼ 画像

Cryptococcal cellulitis



Auricular cellulitis



「画像」で絞りこみ検索すると、

全てのトピック内の関連する図表を

サムネイル形式で全て表示できます

Cellulitis of the forearm



Fusarium toe cellulitis



Cellulitis with venous insufficiency



Postvenectomy cellulitis



Orbital cellulitis



Skin appearance in eosinophilic cellulitis (Wells syndrome)



Orbital cellulitis



Fusarium paranasal



Dissecting cellulitis of the



Dissecting cellulitis of the



Breast cellulitis after



Fusarium finger cellulitis

#### PIOPULE

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#### **Orbital cellulitis**



This young girl has erythema and edema in the preseptal area, which could be caused by either orbital or preseptal infection. Reproduced with permission from: Fleisher GR, Ludwig W, Baskin MN. Atlas of Pediatric Emergency Medicine. Philadelphia: Lippincott Williams & Wilkins, 2004. Copyright © 2004 Lippincott Williams & Wilkins.

Graphic 57604 Version 1646.0

画像をクリックすると 画像が掲載されている トピックが全て表示され クリックするとトピックに ジャンプします

#### APPEARS IN TOPICS:

Please view graphics in the context of the topic in which they appear below.

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- Orbital cellulitis
- Preseptal cellulitis





# 「初発GIST(消化管間質腫瘍)で完全切除した患者に アジュバントをするべきかどうかについて調べたい」

# <キーワード>

## 1. GIST

- 2. 初発GIST アジュバント
- 3. 初発GISTにおけるアジュバント療法



UpToDate <sup>®</sup>	gist ▼ 全てのトビック	Q	Languages   affic JUYC   X#We
新規検索 患者向け常		パックが検索後と	1. GISTで検索
<u>"aist (aist)"の</u> 検索結果	関連が強い順に	日本語で表示されます	トビックアウトライン
<ul> <li>全てのトビック</li> <li>成人</li> <li>小児</li> <li>患者向け</li> <li>画像 </li> </ul>	<ul> <li>GISTを含む消化管間葉系腫瘍の疫学、分類、臨床像、予</li> <li>消化管間質腫瘍、平滑筋腫、および消化管の平滑筋肉腫</li> <li>消化管間質腫瘍に対する補助化学療法および術前補助(</li> <li>進行消化管間質腫瘍に対するチロシンキナーゼ阻害剤療</li> <li>メッケル憩室</li> <li>神経線維腫症型(NF1):マネージメントおよび予後</li> <li>上部消化管の上皮下病変評価のための超音波内視鏡検</li> <li>分子標的薬である血管新生阻害剤の毒性:心血管系への</li> </ul>	後の特徴、および診断方法 100局所治療 ヒ学療法としてのイマチニブ 法 査 )影響	<ul> <li>INTRODUCTION</li> <li>ADJUVANT THERAPY</li> <li>Estimation of recurrence risk</li> <li>Benefit of imatinib         <ul> <li>Phase II trials</li> <li>Phase III trials</li> <li>ACOSOG Z9001</li> <li>EORTC 62024</li> <li>SSG XVIII trial</li> <li>Imatinib dosing</li> <li>Patient selection</li> </ul> </li> </ul>
	<ul> <li>分子標的薬である血管新生阻害剤の毒性:心血管系以外</li> </ul>		NEOADJUVANT THERAPY
	<ul> <li>・ 分子標時業での必証書料(三角書)(約5)等(三・0)証書/(約5)等)</li> <li>・ 小腸腫瘍の疫学、臨床的特徴、および種類</li> <li>・ 陸起性皮膚線維肉腫:治療</li> <li>・ 小腸腫瘍の治療</li> <li>・ 転移性軟部組織肉腫の全身治療</li> <li>・ 神経線維腫症型(NF1):病因、臨床的特徴、および診断</li> <li>・ 放射線関連肉腫</li> <li>・ 治療を目的とした超音波内視鏡</li> <li>・ 小児における褐色細胞腫</li> <li>・ 小腸腫瘍の診断および病期分類</li> </ul>	トピック上にカーソル を合わせると、右側に トピックアウトライン が表示されます ⇒素早く見たいトピック を探すことができます	Benefit     RTOG 0132/ACRIN 6665 trial     Retrospective series     Rectal GISTs     Response assessment     Summary and recommendations of expert groups     Patients with metastatic disease POSTTREATMENT FOLLOW-UP NFORMATION FOR PATIENTS SUMMARY AND RECOMMENDATIONS GRAPHICS
	<ul> <li>イマチニブ:医薬品情報</li> <li>転移性軟部肉腫に対する外科治療およびその他の局所務</li> <li>超音波内視鏡ガイド下での tru-cut針を使用した生検</li> <li>腫瘍学の最新情報</li> <li>消化器病学における臨床病理学的症例:胃</li> <li>食道の良性病変</li> <li>軟部および骨肉腫の病原因子</li> </ul>	表	<ul> <li>TABLES</li> <li>GIST progn criteria</li> <li>GIST progn site size mit</li> <li>TNM staging GIST</li> <li>Dis prog gastric GIST</li> <li>Dis prog small int GIST</li> <li>Mod NIH risk strat for GIST incl rupture</li> <li>Risk aggressive behavior GIST</li> </ul>

■ 消化管における超音波内相領ガイド下での空刺吸引生緒

UpToDate®	初発GIST アジュバント	<u> </u>		▶ Languages   当社について   連絡先
新相检索。男子向时情	報 是新姓報 計算以一儿 <b>CMF 95.0</b> 又/又中	亡。	初発GIST	アジュバントで検索
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◎ 全てのトビック	<ul> <li>消化管間質腫瘍に対する補助化学療法お</li> </ul>	よび術前補助化学療法としてのイマチニブ		
○ 成人	<ul> <li>消化管間質腫瘍、平滑筋腫、および消化</li> </ul>	宮の平滑筋肉腫の局所治療		ADJUVANT THERAPY
○ 小児	• GIST友会打消化管閉葉系腫瘍の疫学 分	1 臨床像 予後の特徴 お上7緯2断方法		Benefit of imatinib
○ 患者向け				- Phase II trials
○ 画像 💽	<ul> <li>         ・ ごうううしていたい         ・ ごうう         ・         ・         ・</li></ul>	一世四音用原本		- Phase III trials
	<ul> <li>● 小腸腫瘍(0)治療</li> <li>●</li></ul>			ACOSOG Z9001     FORTO C0001
	• 腫瘍学の最新情報			EORIC 62024     SSG XVIII trial
	• 後腹膜軟部組織肉腫の臨床的特徴、評価	、および治療		- Imatinib dosing
	• 転移性軟部組織肉腫の全身治療		=	- Patient selection
	• 転移性軟部肉腫に対する外科治療および	その他の局所療法		NEOADJUVANT THERAPY
	• 隆起性皮膚線維肉腫:治療			Benefit
	<ul> <li>小腸腫瘍の疫学、臨床的特徴、および種業</li> </ul>	<b>a</b>		- RTOG 0132/ACRIN 6665 trial
	<ul> <li>法療券目的とした認音波内視鏡</li> </ul>			Rectal GISTs
				Response assessment
				<ul> <li>Summary and recommendations of expert groups</li> </ul>
	• 乳房肉膻:没字、危険因子、臨床症状、診	断、およひステージング		Patients with metastatic disease
	<ul> <li>全身性硬化症(強皮症)における間質性肺</li> </ul>	後の予後および治療		POSTTREATMENT FOLLOW-UP
	• メッケル憩室			INFORMATION FOR PATIENTS
	• 上部消化管の上皮下病変評価のための起	音波内視鏡検査		SUMMARY AND RECOMMENDATIONS
	• 小児における褐色細胞腫			GRAPHICS
	• 小腸腫瘍の診断および病期分類			TABLES
	• 放射線関連肉腫			GIST progn criteria
	<ul> <li>超音波内視鏡ガイド下での tru-cut針を使用</li> </ul>	用した生検		GIST progn site size mit     This starting CICT
	<ul> <li>イマチニブ: 医薬品情報</li> </ul>			Trivit staging GIST     Dis prog gastric GIST
				Dis prog small int GIST
				<ul> <li>Mod NIH risk strat for GIST incl rupture</li> </ul>
				<ul> <li>Risk aggressive behavior GIST</li> </ul>
	<ul> <li>化学療法関連腎毒性および腎不全患者に</li> </ul>	おける用量調整		

UpToDate <sup>®</sup>	の発GISTIこおけるアジュバント療法 ✓全てのトビック Q		▶ Languages   当社について
新規検索患者向け情報		ナる	アジュバント療法で検索
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<ul> <li>全てのトピック</li> <li>成人</li> <li>小児</li> <li>患者向け</li> <li>画像 </li> </ul>	<ul> <li>消化管閉質腫瘍、平滑筋腫、および消化管の平滑筋肉腫の局所治療</li> <li>消化管閉質腫瘍に対する補助化学療法および術前補助化学療法としてのイマチニブ</li> <li>GISTを含む消化管閉葉系腫瘍の疫学、分類、臨床像、予後の特徴、および診断方法</li> <li>小腸腫瘍の治療</li> <li>腫瘍学の最新情報</li> <li>乳房肉腫:疫学、危険因子、臨床症状、診断、およびステージング</li> <li>後腹腹軟部組織肉腫の臨床的特徴、評価、および治療</li> <li>大腸癌切除後のサーベイランス</li> <li>分子標的薬である血管新生阻害剤の毒性:心血管系への影響</li> <li>放射線閉連肉腫</li> <li>臨床腫瘍学における遺伝子発現プロファイリング、プロテオミクス、およびマイクロ RNAプロファイリングの概要</li> <li>進行消化管閉質腫瘍に対するチロシンキナーゼ阻害剤療法</li> <li>切除直腸癌に対する補助化学療法</li> <li>高齢患者における切除結腸癌に対する補助化学療法</li> <li>早期(ステージ1および)上皮性卵巣癌、卵管癌、または腹膜癌の補助化学療法</li> <li>中等度へ高リスク限局性前立腺癌の初期マネージズント</li> </ul>		INTRODUCTION ADJUVANT THERAPY • Estimation of recurrence risk • Benefit of imatinib • Phase II trials • Phase III trials • ACOSOG Z9001 • EORTC 62024 • SSG XVIII trial • Imatinib dosing • Patient selection NEOADJUVANT THERAPY • Benefit • RTOG 0132/ACRIN 6665 trial • Retrospective series • Rectal GISTs • Response assessment • Summary and recommendations of expert groups • Patients with metastatic disease POSTTREATMENT FOLLOW-UP INFORMATION FOR PATIENTS SUMMARY AND RECOMMENDATIONS GRAPHICS
	<ul> <li>・切除可能な設置官接合部癌および官項目的尿癌の集字的アフローナ</li> <li>・ステージⅢ非小細胞肺癌のマネージメント</li> <li>・切除Ⅲ期(リンパ節陽性)結腸癌に対する補助化学療法</li> <li>・病理学的病期T3の断端陽性前立腺癌の補助化学療法</li> <li>・転移性軟部組織肉腫の全身治療</li> <li>・小腸腫瘍の疫学、臨床的特徴、および種類</li> </ul>		TABLES  GIST progn criteria  GIST progn site size mit  TNM staging GIST  Dis prog gastric GIST  Dis prog small int GIST  Mod NIH risk strat for GIST incl rupture  Rick aggressive behavior GIST
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連維

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Adjuvant and neoadjuvant imatinib for gastr	rointestinal stromal tumors	🗘 Find 💽 Patient	Print D
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SUMMARY & RECOMMENDATIONS	<ol> <li>Hohenberger P, Langer C, Pistorius S, et al. Indications and results of surgery following imatinib treatment of locally tumors (GIST) (abstract). J Clin Oncol 2006: 24:520s.</li> </ol>	advanced or metastatic	: GI stromal
INTRODUCTION ADJUVANT THERAPY	<ol> <li>Scaife CL, Hunt KK, Patel SR, et al. Is there a role for surgery in patients with "unresectable" cKIT+ gastrointestina imatinib mesylate? Am J Surg 2003; 186:665.</li> </ol>	l stromal tumors treated	with
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- Phase II trials - Phase III trials	34. Wang D, Zhang Q, Blanke CD, et al. Phase II trial of neoadjuvant/adjuvant imatinib mesylate for advanced primary a gastrointestinal stromal tumors: long-term follow-up results of Radiation Therapy Oncology Group 0132. Ann Surg C	nd metastatic/recurrent Incol 2012: 19:1074.	operable
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- Imatinib dosing	36. Gervaz P, Huber O, Morel P. Surgical management of gastrointestinal stromal tumours. Br J Surg 2009; 96:567.		
- Patient selection NEOADJUVANT THERAPY	<ol> <li>Jakob J, Mussi C, Ronellenfitsch U, et al. Gastrointestinal stromal tumor of the rectum: results of surgical and mult imatinib. Ann Surg Oncol 2013; 20:586.</li> </ol>	modality therapy in the	era of
Benefit	38. Tielen R, Verhoef C, van Coevorden F, et al. Surgical management of rectal gastrointestinal stromal tumors. J Surg	Oncol 2013; 107:320.	
- RTOG 0132/ACRIN 6665 trial - Retrospective series	<ol> <li>Van den Abbeele AD, Gatsonis C, de Vries DJ, et al. ACRIN 6665/RTOG 0132 phase II trial of neoadjuvant imatinib gastrointestinal stromal tumor: monitoring with 18F-FDG PET and correlation with genotype and GLUT4 expression</li> </ol>	mesylate for operable m J Nucl Med 2012; 53:5/	nalignant 67.
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Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors

#### TOPIC OUTLINE

SUMMARY & RECOMMENDATIONS



# まずここをク

リックすると

トピック上の

該当部分へ

ジャンプ

- RTOG 0132/ACRIN 6665 trial

- Retrospective series
- Rectal GISTs
- Response assessment
- Summary and recommendations of expert groups

 Patients with metastatic disease POSTTREATMENT FOLLOW-UP INFORMATION FOR PATIENTS

SUMMARY AND

RECOMMENDATIONS

REFERENCES

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TABLES

- GIST progn criteria
- GIST progn site size mit
- TNM staging GIST
- Dis prog gastric GIST
- Dis prog small int GIST
- Mod NIH risk strat for GIST incl rupture

SUMMARY AND RECOMMENDATIONS

- Gastrointestinal stromal tumors (GISTs) are common mesenchymal neoplasms that affect the GI tract.
- Approximately 80 percent of GISTs have mutations in the KIT protooncogene that lead to constitutive activation of KIT, a receptor tyrosine kinase

## 原発巣を完全切除した初発の高リスクGIST患者には1年ではなく少なくとも3年チロシ ンキナーゼ阻害剤(イマチニブ400mg/日)によるアジュバント治療を推奨します。

· We recommend adjuvant treatment with a tyrosine kinase inhibitor (imatinib 400 mg daily) for a minimum of three years rather than one year in patients who have a completely resected primary high-risk GIST (Grade 1A). (See 'SSG XVIII trial' above.)

The optimal selection of patients who are at sufficiently stratification tools are available, based upon tumor size, n

recurrence to warrant adjuvant imatinib is not established. Although risk ate, location, and in some cases, the presence or absence of tumor rupture, it is not clear what cutoff for disease recurrence should be used to serect patients for imatinib. (See 'Estimation of recurrence risk' above.)

Thus, each case must be approached individually, balancing the estimated likelihood of a disease recurrence (based upon anatomic site, size, mitotic rate, and mutation type, if available) with the risks of therapy. Several risk stratification schema are available (table 2 and table 6). In the SSGXVIII trial high-risk GISTs were defined as >10 cm, mitotic count >10/50 high-power fields (HPF), >5 cm with a mitotic rate >5/HPF, or a ruptured tumor.

## 高リスクGISTは腫瘍径>10cm、腫瘍細胞分裂像数> 10/50 HE染色切片強拡大(HPF)、 腫瘍径> 5cmかつ分裂率> 5/HPFまたは腫瘍破裂と定義されています。

 For patients with nonmetastatic but locally advanced unresectable GIST, potentially resectable primary tumors but with the risk of significant morbidity. or potentially resectable metastatic GISTs, we suggest initial treatment with imatinib followed by attempted resection as long as there is no evidence of generalized progression (Grade 2B). We also suggest neoadjuvant imatinib rather than initial surgery for most patients with a rectal GIST (Grade 2C). If possible, such patients should be enrolled on a clinical trial. (See 'Neoadjuvant therapy' above and 'Rectal GISTs' above.)

The optimal duration of neoadjuvant imatinib is uncertain, and we individualize this decision based upon drug tolerance, tumor location and extent, and the urgency of surgical treatment.

 For patients with potentially resectable metastatic disease, aggressive cytoreductive surgery should be offered only to patients whose disease is stable or responding to TK inhibitor therapy, or who have only focal progression (Grade 1B). Patients with extensive disease progression while on TK inhibitor therapy gain little benefit from surgery, and it is not recommended. (See "Local treatment for gastrointestinal stromal tumors, leiomyomas, and leiomyosarcomas of the gastrointestinal tract", section on 'Role of surgery in patients with metastatic disease'.)

Cytoreductive surgery in this setting often requires extensive potentially morbid procedures such as gastrectomy, hepatectomy, pancreatic resection, and should be carried out in centers of excellence. All patients should resume therapy with a TK inhibitor after resection. (See 'Patients with



# GradeとRecommendationについて

#### Grade 1A recommendation

A Grade 1A recommendation is a strong recommendation, and applies to most patients in most circumstances without reservation. Clinicians should follow a strong recommendation unless a clear and compelling rationale for an alternative approach is present. Explanation: A Grade 1 recommendation is a strong recommendation. It means that we believe that if you follow the recommendation, you will be doing more good than harm for most, if not all of your patients. Grade A means that the best estimates of the critical benefits and risks come from consistent data from well-performed, randomized, controlled trials or overwhelming data of some other form (ed, well-executed observation er research is unlikely to have an impact on our confidence in the estimates of benefit and risk. 推奨のグレード Recommendation grades 1. Strong recommendation: Benefits clearly outweigh the risks and burdens (or vice versa) for most, if not all, patients 2. Weak recommendation: Benefits and risks closely balanced and/or uncertain エビデンスのグレード Evidence grades idence of some other form A. High-guality evidence: Co. B. Moderate-guality evidence: Evidence from randomized trials with important limitations, or very strong evidence of some other form C. Low-quality evidence: Evidence from observational studies, unsystematic clinical observations, or from randomized trials with serious flaws For a complete description of our use of the GRADE system, please see the UpToDate editorial policy which can be found at www.uptodate.com/home/editorial-policy. 推過のグレード 1: 強い推奨⇒ 'Recommend (推奨する) 'という表現を使用 2:弱い推奨⇒'Suggest (提案する) 'という表現を使用 エビデンスのグレード A:質の高いエビデンス・・・複数の精度の高いランダム化臨床試験(RCT)か その他の絶大なエビデンスがある場合など B:中程度のエビデンス・・・制約のあるRCTあるいはその他の強力なエビデンス C:質の低いエビデンス・・・観察研究や臨床的観察・重大な問題のあるRCT 🦳 Wolters Kluwer 24

Health

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TOPIC OUTLINE		再読み込み(L)	
SUMMARY & RECOMMENDATIONS A	Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors		
INTRODUCTION	Authors Section Editors	名前を付けて保存(A)	
ADJUVANT THERAPY	Jeffrey Morgan, MD Robert Maki, MD, PhD	印刷(R)	
<ul> <li>Estimation of recurrence risk</li> <li>Benefit of imatinib</li> </ul>	Chandrajit P Raut, MD, MSc		
- Phase II trials	Disclosures		
ACOSOG Z9001	All topics are updated as new evidence becomes available and our <u>peer review process</u> is c Literature review current through: Aug 2013.   This topic last updated: Jul 11, 2013.	ページのソースを表示(V)	
EORTC 62024     SSG XVIII trial	INTRODUCTION — Stromal or mesenchymal neoplasms affecting the gastrointestinal (GI)	ページ情報を表示(I)	group
- Imatinib dosing	consists of neoplasms that are collectively referred to as gastrointestinal stromal tumors (G small intestine, but can occur in any portion of the alimentary tract, and occasionally in the		nd proximal common
- Patient selection	group is comprised of a spectrum of tumors that are identical to those that might arise in th	フレームを再読み込み	omas,
Benefit	The aethologic observation of CIST as a unique form of CI according first described	フレームのソースを表示の	tel estivation
- RTOG 0132/ACRIN 6665 trial - Retrospective series	of one of two proto-oncogenes, KIT or platelet-derived growth factor receptor-alpha (PDGFR/		mutations
Rectal GISTs	represent the molecular hallmark of GISTs. (See <u>"Epidemiology, classification, clinical pres</u> gastrointestinal mesenchymal neonlasms including GIST" )	フレーム情報を表示(1)	<u>p of</u>
Summary and recommendations of	These findings led to the development of effective systemic therapies in the form of small m		e prototype is
expert groups     Patients with metastatic disease	imatinib. These agents block signaling via KIT and PDGFRA by binding to the adenosine tri	要素を検証(N)	on and
POSTTREATMENT FOLLOW-UP	activation of the receptor. The end result is inhibition of tumor proliferation. The effectiveness introduction of imatinib, the median survival of patients with advanced GIST increased from a		kinase inhibitor
INFORMATION FOR PATIENTS	therapy for advanced gastrointestinal stromal tumors".)		
RECOMMENDATIONS	The success of these agents in advanced disease prompted interest in their perioperative use	e. This includes both preoperative or induction th	erapy for patients
REFERENCES	tumor.	TISK OF recurrence after complete resection of a	phinary GIST 5
GRAPHICS 💽 View All	This topic review will cover the perioperative use of imatinib for localized GIST tumors. The ep	videmiology, classification, molecular pathogene	sis, diagnostic
GIST progn criteria	workup, and surgical treatment of localized GISTs, and the use of TKIs in patients with unres	ectable or metastatic disease are covered elsev	vhere. (See
GIST progn site size mit	and "Local treatment for gastrointestinal stromal tumors, leiomyomas, and leiomyosarcomas	of the gastrointestinal tract" and "Tyrosine kina	se inhibitor

- · GIST progn site size mit TNM staging GIST
  - therapy for advanced gastrointestinal stromal tumors".)

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### 概要と勧告 📌

はじめに

#### アジュバント療法

- 再発リスクの推定
- イマチニブの利点
- フェーズ ||臨床試験
- 第Ⅲ相臨床試験
- ACOSOG Z9001
- EORTC 62024
- SSG XVIIIトライアル
- イマチニブ投与
- 患者の選択

#### ネオアジュバント療法

- 利益
- RTOG 0132/ACRIN 6665トライアル
- -レトロスペクティブシリーズ
- 直腸のGIST
- 反応評価
- まとめと専門家グループの勧告
- 転移性疾患のある患者
- 治療後のフォローアップ
- 患者のための情報
- まとめと提言

REFERENCES

#### GRAPHICSは 💽 全てを見る

#### TABLES

- GISTのprognの基準
- GISTのprognのサイトサイズMIT
- TNMステージングGIST
- DisのPROG胃GIST

#### 消化管間質腫瘍に対するアジュバントと術前イマチニブ

著者 ジョージDディミトリ、MD ジェフリー・モーガン、MD Chandrajit Pラウト、MD、修士課程

開示

**セクションエディタ** ケネスK田辺、MD ロバート真紀、MD、PhDは **副編集長** ダイアンMFラサ、MD

新たな証拠が利用可能になると私たちのように、すべてのトビックが更新される <u>ビアレビューブロセスは</u> 完了です。 **流れる電流文献レビュー:**2013年8月。| **最終更新このトビック:** 2013年7月11日。

はじめに一胃腸(GI)管に影響を与える間質または間葉系腫瘍を2つのグループに分けられます。最も一般的なグループは、総称して消化管間質腫瘍(のGIST)と呼ば れている腫瘍で構成されています。彼らは最も頻繁に胃および近位小腸に配置されていますが、消化管のどの部分で発生する可能性があり、時折大網、腸間膜、そして 腹膜た。はるかに少ない一般的なグループは、体の残りの部分(すなわち、脂肪腫、脂肪肉腫、平滑筋腫、平滑筋肉腫真、デスモイド腫瘍、神経鞘腫、および末梢神経 を通じて軟部組織に発生する可能性のあるものと同一である腫瘍のスペクトルから構成されている鞘腫瘍)。

Gl肉腫のユニークな形としてGISTの病理学的特徴付けは、1983年に記載したところ、翌々の癌原遺伝子、KIT又は血小板由来増殖因子受容体α(PDGFRA)のいずれ かの変異活性化は、刺激されたことが実証された癌細胞の増殖。これらの変異はのGISTの分子特質を表しています。(参照<u>"GISTを含む消化管間葉系腫瘍の疫学、分類、臨床症状、予後機能、および診断作業アップ"</u>。)

これらの知見は、プロトタイプとなっている小分子チロシンキナーゼ阻害剤(チロシンキナーゼ阻害)の形で効果的な全身療法の開発につながった<u>イマチニブ</u>。これらの薬剤は、受容体のリン酸化と活性化のために必要とアデノシン三リン酸結合ポケットに結合することにより、KITとPDGFRAを介してシグナル伝達プロック。最終結果は、腫瘍増殖の阻害である。これらの薬剤の有効性は、イマチニブの導入に伴い、高度なGIST患者の生存期間の中央値は約20~60ヶ月[から増加したという事実によって説明することができる1]。(参照<u>「高度な消化管間質腫瘍のためにチロシンキナーゼ阻害剤療法を</u>」。)

進行疾患におけるこれらの薬剤の成功は彼らの周術期の使用に関心を促した。これは、プライマリGIST腫瘍の完全切除後の再発リスクの高い患者のための術前または 導入療法切除不能または境界切除腫瘍の患者のために、そして補助療法の両方が含まれます。

このトビックの見直しは、周術期の使用カバーする<u>イマチニブローカライズ</u>GISTの腫瘍を。疫学、分類、分子病態、診断精密検査、およびローカライズのGISTの外科的治療、および切除不能または転移性疾患患者におけるチロシンキナーゼ阻害の使用は、他の場所で覆われています。(参照<u>"GISTを含む消化管間葉系腫瘍の疫学、分類、臨床症状、予後機能、および診断作業アップ"と"消化管間質腫瘍、平滑筋腫、および消化管の平滑筋肉腫のための局所治療"と"のためのチロシンキナーゼ阻害剤療法先進的な消化管間質腫瘍"。)</u>

アジュバント療法 - プライマリー切除GIST患者に対する標準治療は、負の微視的なマージンと肉眼完全切除を目指し、手術です。完全切除は、ローカライズされたの GISTの大部分で可能ですが、わずか約半分は、5年以上無再発残る。(参照<u>"消化管間質腫瘍、平滑筋腫、および消化管の平滑筋肉腫のための局所治療を"</u>。)

再発リスクの推定。おそらくアジュバントの恩恵を受ける可能性の患者選択時にGISTの切除後の再発リスクの推定には、最も重要である<u>イマチニブを</u>。いくつかの基準

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## Medline ® Abstract for Reference 1

of 'Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors'

1	PubMed
TI	Long-term results
AU	Blanke CD, Demetri CD, where E, Nikolova Z, Joensuu H
SO	J Clin Oncol. 2008 PURPOSE: The of of a randomized p Iong-term analysis or pauer including tumor mutationa
	PATIENTS AND METHOM structure with advanced GIST were enrolled onto an open-label, multicenter trial and were randomly assigned (1:1) to receive imatinib 400 versus 600 mg/d. Data were prospectively collected on KIT mutational status, total tumor area, and other potential prognostic factors. Patients were followed for a median of 63 months.
	RESULTS: One hund porty-seven patients were enrolled: 73 were in arm A (imatinib 400 mg/d), and 74 were in arm B (imatinib 600 mg/d). Response rates, median progression-free surple, and median overall survival were essentially identical on both arms, and median survival was 57 months for all patients. Forty-one patients overall (28%) remained on the drug long-term. Female sex, the presence of an exon 11 mutation, and normal albumin and neutrophil levels were independently associated with better survival.
	CONCLUSION: 1 variy 50% of patients with advanced GIST who were treated with imatinib mesylate survived for more than 5 years, regardless of a 400 or 600 mg/d starting dose.
AD	Oregon Health and Science University Cancer Center and Portland Veterans Affairs Hospital, Portland, OR, USA. blankec@ohsu.edu
PMID	18235121



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J Clin Oncol. 2008 Feb 1;26(4):620-5. doi: 10.1200/JCO.2007.13.4403.

Long-term results from a randomized phase II trial of standard- versus higher-dose imatinib mesylate for patients with unresectable or metastatic gastrointestinal stromal tumors expressing KIT.

Blanke CD, Demetri GD, von Mehren M, Heinrich MC, Eisenberg B, Fletcher JA, Corless CL, Fletcher CD, Roberts PJ, Heinz D, Wehre E, Nikolova Z, Joensuu H.

Oregon Health and Science University Cancer Center and Portland Veterans Affairs Hospital, Portland, OR, USA. blankec@ohsu.edu

#### Abstract

PURPOSE: The outcome of patients diagnosed with advanced gastrointestinal stromal tumor (GIST) and treated long-term with imatinib mesylate is unknown. A previous report of a randomized phase II trial of imatinib mesylate in patients with incurable GIST detailed high response rates at both the 400 and the 600 mg/d dose levels. We conducted a long-term analysis of patients treated on the trial, including patients followed during an extension phase, to evaluate survival, patterns of failure, and potential prognostic factors, including tumor mutational status.

PATIENTS AND METHODS: Patients with advanced GIST were enrolled onto an open-label, multicenter trial and were randomly assigned (1:1) to receive imatinib 400 versus 600 mg/d. Data were prospectively collected on KIT mutational status, total tumor area, and other potential prognostic factors. Patients were followed for a median of 63 months.

**RESULTS:** One hundred forty-seven patients were enrolled: 73 were in arm A (imatinib 400 mg/d), and 74 were in arm B (imatinib 600 mg/d). Response rates, median progression-free survival, and median overall survival were essentially identical on both arms, and median survival was 57 months for all patients. Forty-one patients overall (28%) remained on the drug long-term. Female sex, the presence of an exon 11 mutation, and normal albumin and neutrophil levels were independently associated with better survival.

CONCLUSION: Nearly 50% of patients with advanced GIST who were treated with imatinib mesylate survived for more than 5 years, regardless of a 400 or 600 mg/d starting dose.

PMID: 18235121 [PubMed - indexed for MEDLINE]

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Kinase mutations and imatinib mesylate response for 64 T<sub>E</sub> [Ann Surg Oncol. 2007]

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NTRODUCTION ADJUVANT THERAPY • Estimation of recurrence risk	Authors George D Demetri, MD Jeffrey Morgan, MD Chandrajit P Raut, MD, MSc	Section Editors Kenneth K Tanabe, MD Robert Maki, MD, PhD	<ul> <li>Find synonyms</li> <li>Find exact match</li> <li>Find</li> <li>Clear</li> </ul>

#### - Phase II trials

Disclosures

- Phase III trials
- ACOSOG Z9001
- EORTC 62024
- SSG XVIII trial
- Imatinib dosing

- Patient selection

#### NEOADJUVANT THERAPY

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- RTOG 0132/ACRIN 6665 trial
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**INTRODUCTION** — Stromal or mesenchymal neoplasms affecting the gastrointestinal (GI) tract are divided into two groups. The most common group consists of neoplasms that are collectively referred to as gastrointestinal stromal tumors (GISTs). They are most often located in the stomach and proximal small intestine, but can occur in any portion of the alimentary tract, and occasionally in the omentum, mesentery, and peritoneum. The far less common group is comprised of a spectrum of tumors that are identical to those that might arise in the soft tissues throughout the rest of the body (ie, lipomas, liposarcomas, leiomyomas, true leiomyosarcomas, desmoid tumors, schwannomas, and peripheral nerve sheath tumors).

The pathologic characterization of GIST as a unique form of GI sarcoma was first described in 1983, and it was later demonstrated that mutational activation of one of two proto-oncogenes, KIT or platelet-derived growth factor receptor-alpha (PDGFRA), stimulated the growth of the cancer cells. These mutations represent the molecular hallmark of GISTs. (See <u>"Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST".</u>)

These findings led to the development of effective systemic therapies in the form of small molecule tyrosine kinase inhibitors (TKIs), of which the prototype is <u>imatinib</u>. These agents block signaling via KIT and PDGFRA by binding to the adenosine triphosphate-binding pocket required for phosphorylation and activation of the receptor. The end result is inhibition of tumor proliferation. The effectiveness of these agents can be illustrated by the fact that following the introduction of imatinib, the median survival of patients with advanced GIST increased from approximately 20 to 60 months [1]. (See "<u>Tyrosine kinase inhibitor</u> <u>therapy for advanced gastrointestinal stromal tumors</u>".)

The success of these agents in advanced disease prompted interest in their perioperative use. This includes both preoperative or induction therapy for patients with unresectable or borderline resectable tumors, and adjuvant treatment for patients at high risk of recurrence after complete resection of a primary GIST tumor.

This topic review will cover the perioperative use of <u>imatinib</u> for localized GIST tumors. The epidemiology, classification, molecular pathogenesis, diagnostic workup, and surgical treatment of localized GISTs, and the use of TKIs in patients with unresectable or metastatic disease are covered elsewhere. (See <u>"Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST" and <u>"Local treatment for gastrointestinal stromal tumors, leiomyomas, and leiomyosarcomas of the gastrointestinal tract"</u> and <u>"Tyrosine kinase inhibitor therapy for advanced gastrointestinal stromal tumors"</u>.)</u>

ADJUVANT THERAPY — The standard of care for patients with a primary resectable GIST is surgery, aiming for a macroscopically complete resection with negative microscopic margins. Complete resection is possible in the majority of localized GISTs, but only about one-half remain recurrence-free for five or



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Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors

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- Benefit of imatinib
- Phase II trials
- Phase III trials
- ACOSOG Z9001
- EORTC 62024
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#### NEOADJUVANT THERAPY

- Benefit
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**INFORMATION FOR PATIENTS** — UpToDate offers two types of patient education materials, "The Basics" and "Beyond the Basics." The Basics patient education pieces are written in plain language, at the 5th to 6th grade reading level, and they answer the four or five key questions a patient might have about a given condition. These articles are best for patients who want a general overview and who prefer short, easy-to-read materials. Beyond the Basics patient education pieces are longer, more sophisticated, and more detailed. These articles are written at the 10th to 12th grade reading level and are best for patients who want in-depth information and are comfortable with some medical jargon.

Here are the patient education articles that are relevant to this topic. We encourage you to print or e-mail these topics to your patients. (You can also locate patient education articles on a variety of subjects by searching on "patient info" and the keyword(s) of interest.)

Basics topics (see <u>'Patient information: Soft tissue sarcoma (The Basics)"</u>)

#### SUMMARY AND RECOMMENDATIONS

- Gastrointestinal stromal tumors (GISTs) are common mesenchymal neoplasms that affect the GI tract.
- Approximately 80 percent of GISTs have mutations in the KIT protooncogene that lead to constitutive activation of KIT, a receptor tyrosine kinase (RTK). A subset of GISTs lacking KIT gene mutations has activating mutations in a related RTK, platelet-derived growth factor receptor-alpha (PDGFRA). (See <u>Introduction</u> above.)
- Small molecule tyrosine kinase inhibitors such as imatinib block signaling via KIT and PDGFRA, thus halting tumor proliferation. The success of these
  agents in advanced disease has prompted interest in perioperative use in patients with earlier stage disease.
- We recommend adjuvant treatment with a tyrosine kinase inhibitor (<u>imatinib</u> 400 mg daily) for a minimum of three years rather than one year in patients who have a completely resected primary high-risk GIST (<u>Grade 1A</u>). (See <u>'SSG XVIII trial'</u> above.)

The optimal selection of patients who are at sufficiently high risk for recurrence to warrant adjuvant imatinib is not established. Although risk stratification tools are available, based upon tumor size, mitotic rate, location, and in some cases, the presence or absence of tumor rupture, it is not clear what cutoff for disease recurrence should be used to select patients for imatinib. (See 'Estimation of recurrence risk' above.)

Thus, each case must be approached individually, balancing the estimated likelihood of a disease recurrence (based upon anatomic site, size, mitotic rate, and mutation type, if available) with the risks of therapy. Several risk stratification schema are available (<u>table 2</u> and <u>table 6</u>). In the SSGXVIII trial, high-risk GISTs were defined as >10 cm, mitotic count >10/50 high-power fields (HPF), >5 cm with a mitotic rate >5/HPF, or a ruptured tumor.

If a known KIT exon 9 mutation is identified, higher dose imatinib may be considered, but there are no prospective data upon which to base a recommendation either for or against this practice. (See <u>"Imatinib dosing"</u> above and <u>"Tyrosine kinase inhibitor therapy for advanced gastrointestinal stromal tumors", section on "Influence of mutations on response to therapy".)</u>

For patients with nonmetastatic but locally advanced unresectable GIST, potentially resectable primary tumors but with the risk of significant morbidity, or potentially resectable metastatic GISTs, we suggest initial treatment with <u>imatinib</u> followed by attempted resection as long as there is no evidence of generalized progression (<u>Grade 2B</u>). We also suggest neoadjuvant imatinib rather than initial surgery for most patients with a rectal GIST (<u>Grade 2C</u>). If possible, such patients should be enrolled on a clinical trial. (See <u>'Neoadjuvant therapy</u>' above and <u>'Rectal GISTs</u>' above.)

The optimal duration of neoadjuvant imatinib is uncertain, and we individualize this decision based upon drug tolerance, tumor location and extent, and

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ADJUVANT THERAPY - The standard of care for patients with a primary resectable GIST is surgery, aiming for a macroscopically complete resection with negative microscopic margins. Complete resection is possible in the majority of localized GISTs, but only about one-half remain recurrence-free for five or

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Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors

Authors George D Demetri, MD Jeffrey Morgan, MD Chandrajit P Raut, MD, MSc Section Editors Kenneth K Tanabe, MD Robert Maki, MD, PhD

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Estimation of recurrence risk — Estimation of recurrence risk following resection of a GIST is of paramount importance when selecting patients who could possibly benefit from adjuvant imatinib. Several criteria have been proposed, originally to classify the malignant potential of a GIST. Although the terms "benign" and "malignant" are no longer applied to GIST, since all are considered to have malignant potential, tumor size, mitotic rate, and site of tumor origin have gained the greatest acceptance as being predictive of the risk of recurrence and/or metastases [2]. (See "Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST", section on 'Prognostic determinants'.)

Risk stratification models, such as the original NIH consensus criteria, have been proposed to distinguish prognosis in resected GIST (table 1) [3]. In the series of 289 patients used to construct this model, the cumulative five year disease specification elipical presentation prognostic and 25 parcent, respectively. (See "Enidemiology, classification, elipical presentation, prognostic

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#### GRAPHICS

#### Proposed modification of NIH consensus criteria for risk stratification of GISTs

Original NIH <sup>[1]</sup> criteria				Proposed <sup>[2]</sup> criteria		
Risk group Size, cm Mitotic rate, per 50 HPF			Risk group	Size, cm	Mitotic rate, per 50 HPF	
Very low risk	<2	<5	Level I	≤5	<5	
Low risk	2-5	<5	Level II	<5	6-10	
Intermediate risk	<5	6-10		5-10	<5	
	5-10	<5	Level III	≤5	>10	
High risk	>5	>5		5-10	6-10	
	>10	Any		>10	<5	
	Any	>10	Level IV	>5	>10	

GIST: gastrointestinal stromal tumor.

1. Fletcher, C, et al. Int J Surg Path 2002; 10:81.

2. Huang, HY, et al. Surgery 2007; 141:748.



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#### Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors

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#### TOPIC OUTLINE

#### SUMMARY & RECOMMENDATIONS

#### INTRODUCTION

#### ADJUVANT THERAPY

- Estimation of recurrence risk
- Benefit of imatinib
- Phase II trials
- Phase III trials
- ACOSOG Z9001
- SSG XVIII trial
- Other completed trials
- Imatinib dosing
- Patient selection

#### NEOADJUVANT THERAPY

- Benefit
- RTOG 0132/ACRIN 6665 trial
- Retrospective series
  - Rectal GISTs
- Response assessment
- Summary and recommendations of expert groups

Patients with metastatic disease
 POSTTREATMENT FOLLOW-UP

#### INFORMATION FOR PATIENTS

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ADJUVANT THERAPY — The standard of care for patients with a primary resectable GIST is surgery, aiming for a macroscopically complete resection with negative microscopic margins. Complete resection is possible in the majority of localized GISTs, but only about one-half remain recurrence-free for five or more years. (See <u>"Local treatment for gastrointestinal stromal tumors, leiomyomas, and leiomyosarcomas of the gastrointestinal tract"</u>.)

Estimation of recurrence risk - Estimation of recurrence risk following resection of a GIST is of paramount

importance when proposed, original no longer applied tumor origin have

引用されている GRAPHICへのリンク

t from adjuvant <u>imatinib</u>. Several criteria have been ST. Although the terms "benign" and "malignant" are lignant potential, tumor size, mitotic rate, and site of dictive of the risk of recurrence and/or metastases

[2]. (See <u>"Epidemiology, c</u> gastrointestinal mesenchym on, clinical presentation, prognostic features, and diagnostic work-up of oplasms including GIST", section on 'Prognostic determinants'.)

Risk stratification models, such as the original NIH consensus criteria, have been proposed to distinguish prognosis in resected GIS (<u>table 1</u>) [3]. In the series of 289 patients used to construct this model, the cumulative five-year disease-specific survival rates for GISTs classified as risk level I through IV were 100, 96, 67, and 25 percent, respectively. (See <u>"Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST", section on 'Prognostic determinants'.)</u>

Models such as these do not take into account the location of the GIST. In general, tumors arising from the small bowel, colon, rectum, or mesentery are associated with less favorable outcomes than those arising from the stomach [4-6]. Other risk prediction models have taken location into account (table 2). As an example, largely based upon these data from the Armed Forces Institute of Pathology, which represent the largest published experience with GISTs diagnosed and treated in the modern era for which long-term clinical follow-up is available, a TNM (tumor-node-metastasis) staging system for GIST was developed by the American Joint Committee on Cancer (AJCC) and International Union Against Cancer (UICC), and published in the 2010 7th edition of the cancer staging manual (table 3) [7]. The T and N designations are similar for all disease sites, but there are separate stage groupings for gastric/omental, and for small bowel/esophageal/colorectal/mesenteric primaries. Rates of disease progression for gastric and small bowel GISTs, stratified by stage at diagnosis, are presented in the tables (table 4 and table 5). (See "Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST", section on 'Tumor size, mitotic rate, and location'.)

Although not included in the TNM staging system, tumor rupture [8] and incomplete resection are also independent risk factors that negatively impact disease-free survival. A modification of the NIH consensus criteria for risk stratification has been proposed that incorporates both site and tumor rupture as prognostic variables [9]. (See "Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal



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#### Proposed modification of NIH consensus criteria for risk stratification of GISTs

Original NIH <sup>[1]</sup> criteria			Proposed <sup>[2]</sup> criteria		
Risk group Size, cm Mitotic rate, per 50 HPF		Risk group	Size, cm	Mitotic rate, per 50 HPF	
Very low risk	<2	<5	Level I	≤5	<5
Low risk	2-5	<5	Level II	<5	6-10
Intermediate risk	<5	6-10		5-10	<5
	5-10	<5	Level III	≤5	>10
High risk	>5	>5		5-10	6-10
	>10	Any		>10	<5
	Any	>10	Level IV	>5	>10

GIST: gastrointestinal stromal tumor.

1. Fletcher, C, et al. Int J Surg Path 2002; 10:81.

2. Huang, HY, et al. Surgery 2007; 141:748.



## Proposed modification of NIH consensus criteria for risk stratification of GISTs

Original NIH <sup>[1]</sup> criteria			Proposed <sup>[2]</sup> criteri			criteria
Risk group	oup Size, Mitotic cm rate, per 50 HPF			Risk group	Size, cm	Mitotic rate, per 50 HPF
Very low risk	<2	<5		Level	≤5	<5
Low risk	2-5	<5		1	_	<b>.</b>
Intermediate	<5	6-10		Level II	<5	6-10
risk	5-10	<5			5-10	<5
t diele wiele				Level	≤5	>10
High risk	>5	>5		III	5-10	6-10
	>10 Any		> 10	<u>ح</u> ۲		
	Any	>10			>10	<0
				Level IV	>5	>10

GIST: gastrointestinal stromal tumor. 1. Fletcher, C, et al. Int J Surg Path 2002; 10:81. 2. Huang, HY, et al. Surgery 2007; 141:748.

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Authors Michael Schatz, MD, MS Steven E Weinberger, MD Section Editors Bruce S Bochner, MD Charles J Lockwood, MD Deputy Editor Helen Hollingsworth, MD

Disclosures

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- ADJUVANT THERAPY
- Estimation of recurrence risk
- Benefit of imatinib
- Phase II trials
- Phase III trials
- ACOSOG Z9001
- EORTC 62024
- SSG XVIII trial
- Imatinib dosing

- Patient selection

- NEOADJUVANT THERAPY
- Benefit
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- GIST progn site size mit
- TNM staging GIST
- Dis prog gastric GIST
- Dis prog small int GIST
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#### Adjuvant and neoadjuvant imatinib for gastrointestinal stromal tumors

Authors George D Demetri, MD Jeffrey Morgan, MD Chandrajit P Raut, MD, MSc

therapy for advanced gastrointestinal s

The success of these agents in advand

tumor.

with unresectable or borderline resectable tumors

Disclosures

Section Editors Kenneth K Tanabe, MD Robert Maki, MD, PhD

Deputy Editor Diane MF Savarese, MD

All topics are updated as new evidence becomes available and our peer review process is complete. Literature review current through: Aug 2013. | This topic last updated: Jul 11, 2013.

INTRODUCTION — Stromal or mesenchymal neoplasms affecting the gastrointestinal (GI) tract are divided into two groups. The most common group consists of neoplasms that are collectively referred to as gastrointestinal stromal tumors (GISTs). They are most often located in the stomach and proximal small intestine, but can occur in any portion of the alimentary tract, and occasionally in the omentum, mesentery, and peritoneum. The far less common group is comprised of a spectrum of tumors that are identical to those that might arise in the soft tissues throughout the rest of the body (ie, lipomas, liposarcomas, leiomyomas, true leiomyosarcomas, desmoid tumors, schwannomas, and peripheral nerve sheath tumors).

The pathologic characterization of GIST as a unique form of GI sarcoma was first described in 1983, and it was later demonstrated that mutational activation of one of two proto-oncogenes, KIT or platelet-derived growth factor receptor-alpha (PDGFRA), stimulated the growth of the cancer cells. These mutations represent the molecular hallmark of GISTs. (See "Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST".)

These findings led to the development of effective systemic therapies in the form of small molecule tyrosine kinase inhibitors (TKIs), of which the prototype is imatinib. These agents block signaling via KIT and PDGFRA by binding to the adenosine triphosphate-binding pocket required for phosphorylation and activation of the receptor. The end result is inhibition of tumor proliferation. The effectiveness of these agents can be illustrated by the fact that following the introduction of imatinib, the median sur

薬剤情報へのリンク

proximately 20 to 60 months [1]. (See "Tyrosine kinase inhibitor

This includes both preoperative or induction therapy for patients ant treatment for patients at high risk of recurrence after complete resection of a primary GIST

This topic review will cover the perioperative use of imatinib for localized GIST tumors. The epidemiology, classification, molecular pathogenesis, diagnostic workup, and surgical treatment of localized GISIs, and the use of TKIs in patients with unresectable or metastatic disease are covered elsewhere. (See "Epidemiology, classification, clinical presentation, prognostic features, and diagnostic work-up of gastrointestinal mesenchymal neoplasms including GIST" and "Local treatment for gastrointestinal stromal tumors, leiomyomas, and leiomyosarcomas of the gastrointestinal tract" and "Tyrosine kinase inhibitor therapy for advanced gastrointestinal stromal tumors".)

ADJUVANT THERAPY - The standard of care for patients with a primary resectable GIST is surgery, aiming for a macroscopically complete resection with negative microscopic margins. Complete resection is possible in the majority of localized GISTs, but only about one-half remain recurrence-free for five or

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GIST アジュバント

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GIST (unresectable and/or metastatic malignant): Oral: 400 mg once daily; may be increased up to 800 mg daily (400 mg twice daily), if tolerated, for disease progression. Note: Significant improvement (progressionfree survival, objective response rate) was demonstrated in patients with KIT exon 9 mutation with 800 mg

- International Brand Names
- Mechanism of Action
- Pharmacodynamics/Kinetics

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lack of hematologic response after 3 months, lack of cytogenetic response after 6-12 months, or loss of previous hematologic or cytogenetic response; a range of up to 800 mg daily is included in the NCCN

- if tolerated, for disease progression, lack of hematologic response after 3 months, lack of cytogenetic
- GIST (adjuvant treatment following complete resection): Oral: 400 mg once daily; recommended treatment

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<ul> <li>Lexi-Interact™薬物相互作用鑑別プログラム</li> </ul>		Overview of treatment options
<ul> <li>○ 患者向け</li> <li>● 転移性の胃腸膵管系神経内分泌腫瘍:腫瘍増殖およびホルモン過剰分泌による症状を管理 するための全身治療の選択肢</li> </ul>		SOMATOSTATIN ANALOGS     Octreotide and other somatostatin analogs
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• 分子標的薬である血管新生阻害剤の毒性:心血管系への影響	Ε	crisis
• 進行腎細胞癌に対する抗血管新生療法および分子標的療法		INTERFERON
● 緩和ケア:疲労、脱力および無力症の概要		CYTOTOXIC CHEMOTHERAPY
● 傍神経筋腫および褐色細胞腫:悪性疾患のマネージメント		Pancreatic NETs     Streptozogia combinationa
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• 進行非小細胞肺癌に対する遺伝子型による個別治療		- Oxaliplatin-containing regimens
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<ul> <li>▶</li> <li>▶</li></ul>		- Capecitabine plus bevacizumab
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• 甲状腺分化瘤に対する化学療法		Sunitinib
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● 仉臞爀撩法陶鼎m毒"田:汀丁丁標的削		Temsirolimus

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			Warnings/Precautions
			Metabolism/Transport Effects
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			International Brand Names
			Mechanism of Action
			Pharmacodynamics/Kinetics
			GRAPHICS
			TABLES <ul> <li>Lexicomp clinical abbreviations</li> </ul>

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Warfarin	1

Display complete list of interactions for
an individual item by clicking item
name.

- Add another item(s) [Lookup] to Analyze for potential interactions between items in the list.
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Lexicomp <sup>®</sup> Lexi-Interact™	Lexi-Comp Online™ Interaction Analysis
Lookup Enter item name to lookup.	Customize Analysis
Analyze New List	Only interactions at or above the selected <u>risk rating</u> will be displayed. A: View interaction detail by clicking on link.
Green Tea     Warfarin	Grapefruit Juice No interactions identified with others in the selection list.
<ul> <li>Display complete list of interactions for an individual item by clicking item name.</li> <li>Add another item(s) [Lookup] to Analyze for potential interactions</li> </ul>	Green Tea [C] <u>Warfarin</u> Warfarin [C] <u>Green Tea</u> (Green Tea
<ul> <li>Remove item from the list by clicking the check mark next to the item name.</li> </ul>	Date May 22, 2013 Disclaimer Readers are advised that decisions regarding drug therapy must be based on the independent judgment of the clinician, changing information about a drug (eg, as reflected in the literature and manufacturer's most current product information), and changing medical practices.

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## 薬物相互作用は5段階でリスク分類をしています

**Risk Rating:** Rapid indicator regarding how to respond to the interaction data. Each Interact monograph is assigned a risk rating of A, B, C, D, or X. The progression from A to X is accompanied by increased urgency for responding to the data. In general, A and B monographs are of academic, but not clinical concern. Monographs rated C, D, or X always require the user's attention. The text of the Patient Management section of the monographs will provide assistance regarding the types of actions that could be taken. The definition of each risk rating is as follows:

Risk Rating	Action	Description
A	No Known Interaction	Data have not demonstrated either pharmacodynamic or pharmacokinetic interactions between the specified agents
в	No Action Needed	Data demonstrate that the specified agents may interact with each other, but there is little to no evidence of clinical concern resulting from their concomitant use.
с	Monitor Therapy	Data demonstrate that the specified agents may interact with each other in a clinically significant manner. The benefits of concomitant use of these two medications usually outweigh the risks. An appropriate monitoring plan should be implemented to identify potential negative effects. Dosage adjustments of one or both agents may be needed in a minority of patients.
D	Consider Therapy Modification	Data demonstrate that the two medications may interact with each other in a clinically significant manner. A patient-specific assessment must be conducted to determine whether the benefits of concomitant therapy outweigh the risks. Specific actions must be taken in order to realize the benefits and/or minimize the toxicity resulting from concomitant use of the agents. These actions may include aggressive monitoring, empiric dosage changes, choosing alternative agents.
x	Avoid Combination	Data demonstrate that the specified agents may interact with each other in a clinically significant manner. The risks associated with concomitant use of these agents usually outweigh the benefits. These agents are generally considered contraindicated.

## 薬物相互作用 検索例:ワルファリン・緑茶・グレープフルーツジュースの相互作用

Lexicomp <sup>®</sup> Lexi-Interact™	Lexi-Comp Online™ Interaction Monograph
Lookup Enter item name to lookup.	Title Vitamin K Antagonists / Green Tea
Analyza New List	Risk Rating C: Monitor therapy
✓ <u>Grapefruit Juice</u> ✓ <u>Green Tea</u> ✓ <u>Warfarin</u>	<b>Summary</b> Green Tea may enhance the adverse/toxic effect of Vitamin K Antagonists. Particularly, the risk of bleeding may be increased due to possible antiplatelet effects of green tea. Green Tea may diminish the anticoagulant effect of Vitamin K Antagonists. <b>Severity</b> Moderate <b>Reliability Rating</b> Fair
•Displaylete list of interactions for an individue em by clicking item	Patient Management Advise patients to report green tea consumption, and monitor vitamin K antagonist (e.g., warfarin) response particularly closely in those patients who regularly consume green tea (especially larger quantities) and in those patients who have recently
Ad Ar <sup>be</sup> ワルファリンと相互 <sup>Re</sup> 全て検索したい場合	if it is a local set of the set

relatively low (0.03mcg/100g brewed tea), but may vary according to strength and brewing methods.<sup>4</sup>

Conversely, animal and in vitro data suggest that green tea constituents may have antiplatelet properties.<sup>5</sup> Also, epidemiologic studies have found evidence of an inverse association between green tea consumption and the risk of stroke,<sup>6,7</sup> providing possible additional support for an antiplatelet effect of green tea.

Based on this relatively limited amount of data, it is difficult to predict the degree to which green tea consumption would impact vitamin K antagonist (or other anticoagulant/antiplatelet) therapy, as well as whether the impact would be antagonistic or additive/synergistic. However, it would seem prudent to advise patients to report green tea consumption and monitor vitamin K antagonist response particularly closely in those patients who regularly consume green tea (especially larger quantities) and in those patients who have recently started or stopped consuming green tea.

#### Footnotes

- 1. Taylor JR, Wilt VM, "Probable Antagonism of Warfarin by Green Tea," Ann Pharmacother, 1999, 33(4):426-8.
- Booth SL, Sadowski JA, Pennington JAT, "Phylloquinone (Vitamin K1) Content of Foods in the US Food and Drug Administration's Total Diet Study," J Agric Food Chem, 1995, 43:1574-9.
- 3. Booth SL, Sadowski JA, Pennington JAT, "Vitamin K1 (Phylloquinone) Content of Foods: a Provisional Table," *J Food Comp Anal*, 1993, 6:109-20.
- 4. Booth SL, Madabushi HT, Davidson KW, "Tea and Coffee Brews are Not Significant Dietary Sources of Vitamin K1 (Phylloquinone)," J

## 薬物相互作用 検索例:ワルファリンの相互作用

### Lexicomp<sup>®</sup> Lexi-Interact™

Lookup

Enter item name to lookup.

Analyze New List

- Grapefruit Juice
- 🔽 <u>Green Tea</u>
- Warfarin
- •Display complete list of interactions for an individual item by clicking item name.
- Add another item(s) [Lookup] to Analyze for potential interactions between items in the list.
- Remove item from the list by clicking the check mark next to the item name.

Only interactions at or above the selected <u>risk rating</u> will be displayed. A: View interaction detail by clicking on link.

## Warfarin

#### Interacting Categories

- [B] 5-ASA Derivatives
- [C] Acetaminophen
- [C] Adalimumab
- [C] Agents with Antiplatelet Properties
- [D] Allopurinol
- [D] Aminoglutethimide
- [D] Amiodarone
- [D] Androgens
- [A] Antacids
- [C] Anticoagulants
- [C] Antineoplastic Agents
- [D] Antithyroid Agents
- [X] Apixaban
- [C] Aprepitant
- [C] Atazanavir
- [A] AtorvaSTATin
- [C] AzaTHIOprine
- [D] <u>Barbiturates</u> [C] <u>Bicalutamide</u>
- [C] Bile Acid Sequestrants
- [C] Boceprevir
- [C] Bosentan
- [D] Capecitabine
- [D] CarBAMazepine
- [C] Cephalosporins
- [C] Chloral Hydrate
- [C] Chloramphenicol
- [D] <u>Cimetidine</u>
- [D] <u>Clopidogrel</u> [C] Cloxacillin
- [C] <u>Cobicistat</u>
- o<u>j oobiciotat</u>

## Lexi-Comp Online™ Interaction Lookup



_exicomp <sup>®</sup> Lexi-Interact™	Lexi-Comp Online™ Interaction Lookup
Lookup Enter item name to lookup.	Only interactions at or above the selected <u>risk rating</u> will be displayed. X:  View interaction detail by clicking on link.
Analyze New List	Warfarin
Warfarin	Interacting Categories [X] Apixaban 併田埜己の成分のみ
<ul> <li>Display complete list of interactions for an individual item by clicking item name.</li> <li>Add another item(s) [Lookup] to Analyze for potential interactions</li> </ul>	[X] Dabigatran Etexilate     表示されます       [X] Enzalutamide       [X] Rivaroxaban       [X] Tamoxifen
between items in the list. •Remove item from the list by clicking the check mark next to the item name.	Date May 22, 2013
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